

## Guidebooks and Resources for Consumers and Providers

The following resources may help inform the issues discussed during this introduction to LGBTQ+ Older Adult Issues.

AARP – Guidebook Prepare to Care: A Planning Guide for Caregivers in the LGBT Community  
<https://www.lgbtagingcenter.org/resources/resource.cfm?r=881>

AARP Maintaining Dignity - Find the infographic online at:  
<https://www.lgbtagingcenter.org/resources/pdfs/maintaining-dignity-lgbt-infographic.doi.10.26419res.00217.004.pdf>

Fact Sheet: LGBT Caregiving.  
[https://www.lgbtagingcenter.org/resources/pdfs/LGBT\\_Caregiving\\_Fact\\_Sheet\\_Final.pdf](https://www.lgbtagingcenter.org/resources/pdfs/LGBT_Caregiving_Fact_Sheet_Final.pdf)

Fact Sheet: The facts on LGBT aging – SAGE  
<https://www.sageusa.org/wp-content/uploads/2018/05/sageusa-the-facts-on-lgbt-aging.pdf>

Four Conversations Caregivers Need to Have. Now. SAGE - National Resource Center. 2011, at: <https://www.lgbtagingcenter.org/resources/resource.cfm?r=5>

How to Use Gender Pronouns, SAGE -National Resource Center on LGBT Aging, April 2022  
[How to Use Gender Pronouns](#), [How to Be an Ally to Transgender Older Adults](#)

Johnston, Tim R. Welcoming LGBT Residents – A Practical Guide for Senior Living Staff, Routledge Taylor & Francis Group, London and New York, 2020. Find more information at:  
<https://www.lgbtagingcenter.org/resources/resource.cfm?r=1047>

The National Long-Term Care Ombudsman Resource Center, Fact Sheet - Resident Rights and the LGBT Community: Know Your Rights as a Nursing Home Resident, Lambda Legal and Sage, June 22, at:  
<https://ltcombudsman.org/uploads/files/support/lgbt-residents-rights-fact-sheet.pdf>

SAGE and the HRC, Finding an LGBT+ Inclusive Long-Term Care Community, Sage and HRC Foundation, SAGE, 2021, at: [https://www.lgbtagingcenter.org/resources/pdfs/Finding LGBTQ Inclusive LTCC Final.pdf](https://www.lgbtagingcenter.org/resources/pdfs/Finding_LGBTQ_Inclusive_LTCC_Final.pdf)

Tips for Allies of Transgender People, GLAAD.org at: <https://www.glaad.org/transgender/allies>

### Important Websites

American Institute of Bisexuality at: <https://www.americaninstituteofbisexuality.org/>

Blue Cross Blue Shield Safe Zone Program  
<https://www.bcbsri.com/safezones>

Diverse Elders Coalition advocates to improve aging in our communities as racially and ethnically diverse people; American Indians and Alaska Natives; and lesbian, gay, bisexual and/or transgender people at:  
<https://www.diverseelders.org/who-we-are/>

Forge – For Transgender Communities at: <https://forge-forward.org> and resource page at: <https://forge-forward.org/resources/>

LGBT Aging the Case for Inclusive Long-Term Care Communities  
[https://assets2.hrc.org/thelei/documents/SAGE\\_LEI\\_R1\\_Digital.pdf](https://assets2.hrc.org/thelei/documents/SAGE_LEI_R1_Digital.pdf)

National LGBTQIA+ Health Education Center – A program of the Fenway Institute – educational resources and the LGBT Aging Project at: <https://www.lgbtqihealtheducation.org/resources/> and at: <https://www.lgbtqihealtheducation.org/resources/in/lgbtqi-older-adults/>

PFLAG - the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies at: <https://pflag.org>.

The Safe Zone Project is a free online resource for creating powerful, effective LGBTQ+ awareness and ally training workshops at: <https://thesafezoneproject.com/>

SAGE/CARE – provides LGBT competency training at: <https://sageusa.care/about-us/>  
Find on demand courses at: <https://sageusa.care/our-services/coaching-training/on-demand-courses/>

SAGE and the HRC, The LEI – Long-Term Care Equality Index – Promoting equality - resources and reports at: <https://thelei.org/why-the-lei>

### **Educational Webinars**

LGBT Aging: Change, Challenge, and Resilience (2020), Lisa Krinsky and Dr. Liz Lass of the national LGBTQIA+ Health Education Center at: <https://www.lgbtqihealtheducation.org/resources/in/lgbtqi-older-adults/page/2/>

Long-Term Care Services and Supports: LGBT+ Quality (September 2023) SAGE, CFPB, FTC, NCEA at: <https://www.youtube.com/watch?v=SXBpONmGKo4>

Voices for Equality: Advocacy for LGBT Residents - NORC National Ombudsman Resource Center August 11, 2022 Webinar with Sherrill Wayland and Dan Stewart of LEI at: [https://ltombudsman.org/omb\\_support/training/trainings-and-conference-calls/2022](https://ltombudsman.org/omb_support/training/trainings-and-conference-calls/2022)

### **Articles and Reports**

Brotman, S. Ryan, B, and Cormier, R. (1, April, 2003) The Health and Social Service Needs of Gay and Lesbian Elders and their Families in Canada. The Gerontologist, Volume 43, Issue 2, April 2003, Pages 192–202, <https://academic.oup.com/gerontologist/article/43/2/192/636153>.  
<https://doi.org/10.1093/geront/43.2.192>

Fredriksen-Goldsen KI. Resilience and Disparities among Lesbian, Gay, Bisexual, and Transgender Older Adults. Public Policy Aging Rep. 2011 Summer;21(3):3-7. doi: 10.1093/ppar/21.3.3. PMID: 26755892; PMCID: PMC4706747 at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4706747/>

Justice in Aging, LGBT Older Adults in Long Term Care Facilities - Stories from the Field (2010, rev. 2015) at: <https://justiceinaging.org/wp-content/uploads/2015/06/Stories-from-the-Field.pdf>

Kim, Hyun Jun, Katherine Acey, Aundaray Guess, Sarah Jen and Karen I. Fredrickson-Goldsen, A Collaboration for Health and Wellness, Generations. Summer; 2016 40 (2) 49-55 at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5396960/>

Lambda Legal, When Health Care Isn't Caring – Lambda Legal's Survey on Discrimination Against LGBT People and People Living with HIV. New York: Lambda Legal, 2010 at: [www.lambdalegal.org/health-care-report](http://www.lambdalegal.org/health-care-report)

LGBT Older Adults in Long Term Care Facilities - Stories from the Field (Justice in Aging, 2010, rev. 2015) at: <https://justiceinaging.org/wp-content/uploads/2015/06/Stories-from-the-Field.pdf>

MAP & SAGE, Understanding Issues Facing LGBT Older Adults. Movement Advancement Project and SAGE/USA, 2018 at: <https://www.sageusa.org/wp-content/uploads/2018/05/sageusa-understanding-issues-facing-lgbt-older-adults.pdf>

Medina, Caroline, Mahowald, Lindsay, Discrimination and Barriers to Well-Being: The State of the LGBTQI+ Community 2022, Center for American Progress, January 12, 2023 at: <https://www.americanprogress.org/article/discrimination-and-barriers-to-well-being-the-state-of-the-lgbtqi-community-in-2022/>

Mirza, Shabad, Ahmed Shaba, Caitlin Rooney, Center for American Progress -Discrimination Prevents LGBT People from Accessing Health Care, January 2018 at: <https://www.americanprogress.org/article/discrimination-prevents-lgbtq-people-accessing-health-care/>

The National Academy of Science, Understanding the Wellbeing of LGBTQI+ Populations – The National Academy of Sciences, Engineering and Medicine Report, National Academies Press, 2020 <https://www.nap.edu/catalog/25877/understanding-the-well-being-of-lgbtqi-populations>

National Center on Elder Abuse Research Brief Mistreatment of Lesbians, Gay Bisexual, and Transgender (LGBT) Elders at: [https://ncea.acl.gov/NCEA/media/publications/Mistreatment-of-Lesbian,-Gay,-Bisexual,-and-Transgender-\(LGBT\)-Elders-\(2013\).pdf](https://ncea.acl.gov/NCEA/media/publications/Mistreatment-of-Lesbian,-Gay,-Bisexual,-and-Transgender-(LGBT)-Elders-(2013).pdf)

Riou, Garrett, Hospital Visitation and Medical Decision Making for Same-Sex Couples, Center for American Progress, April 15, 2014 at: <https://www.americanprogress.org/article/hospital-visitation-and-medical-decision-making-for-same-sex-couples>

Understanding Trans Identity, The KFF/Washington Post Trans Survey at: in-depth representative survey of transgender adults living in the U.S., <https://files.kff.org/attachment/Understanding-Trans-Identity-in-the-U-S.pdf?eType=EmailBlastContent&eld=560a61ec-dfee-4e7e-bc24-60590c10b183>

### **Audio Visual Resources**

*Don't Ask Don't Tell Veteran* - the Stonewall National Monument (15 m) at: <https://www.youtube.com/watch?v=21onFifS-go> (15 m)

*GenSilent*, a 2011 documentary (70 m) View trailer at: <https://www.theclowdergroup.com/gensilent>

*Implicit Bias – Concepts Unwrapped* (8 m) McCombs School of Business, University of Texas, October, 31, 2018 (8 m) <https://www.youtube.com/watch?v=OoBvzl-YZf4>

*LGBT Seniors Tell Their Stories* – LA LGBT Center (10 m) at: <https://www.youtube.com/watch?v=JDOdv792rBA>

*Make LGBT Elders Feel Welcome and Cared For: Join HRC and SAGE’s Long-term Care Equality Index* (2 m) at: <https://www.youtube.com/watch?v=BoNkykbPsRo>

*Not Another Second: LGBT+ Seniors Share their Stories* (14 m) at: [https://www.youtube.com/watch?v=q43kBuC\\_ups](https://www.youtube.com/watch?v=q43kBuC_ups)

*Senior Prom: LGBT+ Seniors Get the Prom of Their Dreams* | PBS Short Docs June 1, 2021 (14m) at: <https://www.youtube.com/watch?v=rFBv6Mc77Ys>

*To Treat Me You Have to Know Who I Am* (10m) at: <https://www.youtube.com/watch?v=NUhvJgxgAac>

*Two Stories – Contrasting the Experience of Straight and Lesbian Couples* (2 m) <https://www.youtube.com/watch?v=lkPJxQorieo>

## Documentaries

*A Secret Love* -2020 documentary (1hr 22m) at: <https://www.netflix.com/title/80209024>

*Before Stonewall* -1984 (87 m) <https://www.youtube.com/watch?v=TPh1MSdjnzK>

Cured at: <https://www.cureddocumentary.com/>

*How to Survive a Plague* – 2012 (1hr 49m) <https://www.amazon.com/How-Survive-Plague-Bill-Bahlman/dp/B00AGEHFK8>

*How We Got Gay* - 2016 (44M) <https://www.youtube.com/watch?v=koNkfm9QYbl>

*Lavender Scare* - McCarthy Era (1 hr 15 m) at: <https://www.thelavenderscare.com/>

*A Litany for Survival: The Life and Work of Audrey Lorde* (52 m) at: <https://www.twn.org/catalog/pages/responsive/cpage.aspx?rec=1126>

PBS Media - *Lavender Scare Understanding LGBT+ Identity: A Toolkit for Educators* video (7.36m) at: <https://mass.pbslearningmedia.org/resource/fp19.lgbtq.lavender/lavender-scare/>

*Stonewall Uprising* – PBS American Experience 2011 (1hr 23m) at: <https://www.pbs.org/wgbh/americanexperience/films/stonewall/-film-description>

*We Were Here* documentary re: AIDS epidemic - 2011 (90m) at: <https://wewereherefilm.com/distribution-contacts/>